Popular Athletes who have abused banned substances & the substances athletic use

Shawne Merriman (Football)

* Nandrolone

Chris Benoit (Wrestling)

* Nandrolone

Alex Rodriguez (Baseball)

* Testosterone

Michael Irvin (Football)

* Cocaine

Diego Mardona (Soccer)

* Ephedrine

Jason Giambi (Baseball)

* Human Growth Hormone
* Tetrahydrogestrinone
* Testosterone

Mark McGwire (Baseball)

* Androstenedione

Barry Bonds (Baseball)

* Amphetamines
* Tetrahydrogestrinone

Jose Canseco (Baseball)

* Human Chorionic Gonadotropin

Josh Hamilton (Baseball)

* Heroine

Androstenedione

* Increase muscle strength and mass and to shorten muscle recovery time.

Human Chorionic Gonadotropin

* Used in conjunction with cycles of anabolic steroid intake to maintain levels of testosterone after the steroids cause the body to shut down testosterone production. Also helps restore testicular size after steroid cycles

Human Growth Hormone

* To reduce body fat (and thus increase lean body mass), speed recovery from injury and increase resistance to injury

Amphetamines

* To increase energy and focus

Tetrahydrogestrinone

* To increase muscle strength and promote muscle growth

Ephedrine

* To increase energy and alertness and to lose weight by speeding up metabolism

Cocaine

* Although cocaine isn't typically thought of as a performance-enhancing drug, the energy boost and self-confidence it creates can aid in short-term athletic activity

Testosterone

* Aids in building muscle mass and reducing fat and increasing bone density and strength

Nandrolone

* To grow muscle mass and aid in physical recovery from workouts